

# **APOLLO BRAMWELL NURSING SCHOOL**

**C/o Apollo Bramwell Hospital, Royal Road, Moka**



## **Module Content**

### **Psychology**

#### **Unit I**

##### **Introduction**

- **Definitions, scope of psychology and its importance in nursing profession**

#### **Unit II**

##### **Psychology of Human Behaviours**

- **Dynamics of behaviour, motivation and behavioural process of adjustment, adjustments and mal-adjustments, unconscious behaviour.**
- **Frustration: Sources and nature of frustration, measures to overcome frustration.**
- **Conflict: types, unconscious conflict, resolution, conflict and nursing.**
- **Adjustment Mechanism: meaning, types and importance.**
- **Emotions: in health and disease, emotional situations, control of emotions, effect of emotional reactions to health.**
- **Attitudes: meaning, development, changes in attitude, attitude and nursing.**
- **Habits: formation, types, effective habit formation, advantages and disadvantages of habit formation.**

#### **Unit III**

##### **Learning**

- **Nature of learning, law and types of learning, factors promoting effective learning, memory and forgetfulness**
- **Thinking and reasoning**
- **Nature and type of thinking**
- **Problem solving and reasoning.**